

Daily Encouragement from Gordon – Thursday 28th May

Psalm 62

"I find rest in God." Absolutely!! David repeats the words truly, v1, 2, 6; surely, v4, v9; yes, v5.(actually they are all the same word in Hebrew) There's no doubt about it.

The song 'My soul finds rest in God alone' is from this Psalm. Listen to it at the end. Sing it to yourself all through the day!

1 Truly my soul finds rest in God;
my salvation comes from him.
2 Truly he is my rock and my salvation;
he is my fortress, I shall never be shaken.
God is everything to me

Note 'rest' is much more than rest from work. It is peace, stillness, well being, safety, comfort and security.

3 How long will you assault me?
Would all of you throw me down –
this leaning wall, this tottering fence?
4 Surely they intend to topple me
from my lofty place;
they take delight in lies.
With their mouths they bless,
but in their hearts they curse.
It's not easy living for You, but I say again....
5 Yes, my soul, find rest in God;
my hope comes from him.
6 Truly he is my rock and my salvation;
he is my fortress, I shall not be shaken.
7 My salvation and my honour depend on God;
he is my mighty rock, my refuge.
8 Trust in him at all times, you people;
pour out your hearts to him,
for God is our refuge.

David has experienced such blessing from a wholehearted trust in God - so can you.

9 Surely the lowborn are but a breath,
the highborn are but a lie.
If weighed on a balance, they are nothing;
together they are only a breath.
10 Do not trust in extortion
or put vain hope in stolen goods;
though your riches increase,
do not set your heart on them.

Jesus said, "whoever wants to save their life will lose it, but whoever loses their life for me and for the gospel will save it. What good is it for someone to gain the whole world, yet forfeit their soul?" (Mark ch 8 v 35,36)

11 One thing God has spoken,
two things I have heard:
'Power belongs to you, God,
12 and with you, Lord, is unfailing love';
and, 'You reward everyone
according to what they have done.'

Power and love is a great combination - no wonder we can find rest in Him.

Gordon

Enjoy [My soul finds rest in God alone](#)